

PRANA

LOUNGE & BAR

MENU 100% VEGAN

BREAKFAST AND STARTERS

TO START THE DAY

or not

Porridge GF (2 toppings of your choice) Oats and plant milk	6€
Yogurt bowl GF (2 toppings of your choice)	6€
Pancakes (2 toppings of your choice)	7€
English breakfast baked beans, mushrooms, grilled tomato, hashbrowns, spinach, beyond meat sausage, "bacon" and scrambled tofu	17€

TOASTS

Toasted bread w/ butter	2.5€
Avocado on toast	4€
Toasted bread w/ scrambled tofu	5€
Ham and cheese toastie	4.5€
Tomato bruschetta	4€
Sea toast Vuna, tomato and "cheese"	7€
Mediterranean toast "cheese", sundried tomato, rocket and pesto	7.5€

GF Available (+2€)

TOPPINGS | +1.2€

Maple syrup
Hazelnut spread
Homemade granola
Homemade jam
Seasonal fruit
Peanut butter
Almond butter

KIDS MENU | 8€

Ch'ken Run Burguer with fries

"Chicken" burger, "cheese" and burger bun

"Meatballs" with spaghetti and tomato sauce

TO SNACK AND SHARE

if you're not too hungry

Couvert marinated olives with garlic and herbs, herb infused olive oil and sourdough	5€	Dirty fries fries topped with vegan cheese, "bacon" and chives	8€
Bulhão pato mushrooms	7€	Nachos with guacamole GF	6.5€
Gyozas with chilli and soy sauce	6.5€	Grilled padrón peppers GF	5€
Fish-less spread with toasties	6.5€	Hummus board beetroot, olives and caramelised onion with grissinis and vegetable sticks	13€

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IF YOU'RE PROPER HUNGRY

IF YOU'RE HUNGRY...

Ch'ken Run Burguer w/fries "chicken" burger, "cheese", lettuce, tomato, pickles and garlic mayo	13.5€	Moroccan couscous couscous, roasted pepper, tomato, cucumber, red onion, chickpeas, toasted pumpkin seeds and tahini sauce	11€
Dirty Burguer w/fries beyond meat burger, "cheese", caramelised onion, "bacon" and burger sauce	12.5€	Spring salad lettuce, tomato, carrot, "feta cheese", croutons, seasonal fruit, dried fruits and seeds, vinaigrette sauce	10.5€
Pad Thai rice noodles with sautéed vegetables, smoked tofu, peanuts, fried onions and soy sauce	13.5€	Prana Bowl fusilli with garlic and herbs sauce, avocado, carrot, sautéed chickpeas, tomato, spinach, "feta cheese", fried onions and balsamic vinegar	11.5€
À Brás leek with shimeji mushrooms	12€	Soup of the day	3€

DESSERTS

Our desserts and pastries are displayed daily next to the counter

PRA·NA

(SANSKRIT PRANA)

male name

[Philosophy, Religion] According to ancient Indian scriptures, vital energy, principle of life absorbed by living beings through the air they breathe.

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WIFI

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